

Signs Of Attraction:

**How to tell if a woman is
interested in you.**

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Introduction

Being able to tell when a woman is interested in you is an important skill to have if you want to save yourself the trouble of trying to go after girls that simply wish you would leave them alone.

The ability to read body language can be extremely beneficial; in fact I'd almost say it's essential if you want to be successful in life, whether that is with women or in your career or just with your mates.

To truly know and understand someone's body language, it can be very helpful to know your subject, as some body language can be confused with "comfort".

Reading body language can also be very beneficial for reducing anxiety around women. If you know what she is feeling, then you know what to expect and where to go next, instead of trying to second guess from just her verbal language.

We all know that women are great at saying one thing, but often meaning another. So if you can master the skill of body language, then you can be one step ahead. And place yourself at ease.

Eye Contact

Ok, so you're out at a club, there is a hot little number just a table or two away from you. She looks over and makes eye contact with you. Does this eye contact last a little longer then as it would with someone you merely glance across at, let's say in a shopping mall?

Does she go back for round two? Make eye contact with you again? Holding it a little longer again? Yes?

Now unless you look like a complete idiot or your friends have managed to draw on your face: she is attracted to you! Now it's time for the next step (approach her).

Her Posture

I have to admit I do watch for this one a fair bit in others. Its interesting watching this happen in complete strangers you don't know. We're all guilty of it, what's funny though, is since I know this is something that we all do from time to time, I'll even consciously realize it, yet can't stop myself from doing it.

Here is an example:

Say you're strolling down the heart of the city, with little concern for your posture, your shoulders are relaxed, head semi downwards and you are just in your own little world getting on with your day.

Suddenly a sexy girl is walking your way, what do you do? You probably stand up straight, push your chest out and try to look your best as the girl passes, right?

Both women and men use this attraction signal, usually done subconsciously. (As most body language we use is)

Playing with and touching of hair

An example of this:

You're at work and its just hit midday so you're heading to the lunch room to heat up last nights left over spaghetti bolognaise in the work's very convenient and free to use microwave.

When you enter the lunch room, the pretty little blonde secretary you have a bit of an eye for looks up and runs her hand through her hair, re-adjusting it.

This can be a great indication that she is attracted to you.

However, there are some women that play with their hair as a "comfort" device. (I guess a little like a young child sucking on their thumb does).

So it is important to know your subject to know whether this is just a "habit".

Hands in pocket

If she has her hands in her pockets, this means she is trying to present dominance. Sometimes when people do this, they will also rock back and forth on their feet. This is to give the impression of extra height.

If this happens, you need to ask yourself one question. Do you like being dominated?

Rubbing hands together

This is something you're more likely to see when you've already been dating or seeing a particular woman for some time. Not something you'd usually see upon asking her out.

Now say for example:

You've just informed your girly friend that you have just won two front row tickets to see "Maroon 5" live in concert from cutting out an entry form from your Rice Bubbles cereal box and you happened to win!

You ask her if she would like to accompany you to the concert. She rubs her hands together and says "Absolutely".

When she rubs her hands together, this means she is anticipating this is going to be a great time, just can't wait - bursting with energy - you've got her interested!

Of course though, some people do rub their hands together when they are scheming a revenge plot too. So is she rubbing her hands together so hard that if it was two sticks it would create smoke and start a camp fire? Or is she doing it in a more relaxed non-violent manner?

